

# Dress Code Competitive Ballet Programs

Female Dress Code:	Colour:	Notes:
	Black	
Leotard	Optional for advanced students: Short, black ballet skirt or black form- fitting shorts.	Any style
Tights	To match skin tone or "ballet pink."	Recommended: Capezio 1916 (has various skin tone shades available).
	Tights must be Transition style (Convertible foot).	
Shoes		Recommended shoe brands:
	Split-sole canvas ballet slippers, to match tights (skin tone, or ballet pink.	Capezio Hanami style (has a few skin tones available)  Angelo Luzio (pink or light beige available),
		So Danca (only pink available).
Hair	Must be entirely secured off face and neck with elastics, bobby pins, and strong bun pins	Ballet bun/french twist/tightly secured braids allowed. No ponytails.
Pointe	pointe shoes in either ballet pink or skin tone	(For dancers of colour, Järvi can spot test pink shoes with a shade of darker foundation that matches student's skin tone with their approval, and she will sponge paint them herself).

Male Dress Code:	Colour:	Notes:
Shirt or Leotard	White or black	form-fitting
Tights or ballet shorts	Black men's tights (footless or full foot) or form-fitting shorts	Dance Belt
Shoes	Black	Split-Sole Canvas ballet slippers

### Dance Store Suggestions:

#### 1. <u>Dancewear Centre</u>

1150 Sheppard Ave. W (Sheppard and Dufferin)

Largest selection. Järvi works here as a pointe shoe fitter. Make sure to leave enough time in your day to visit, as very long lines form during the back-to-school season.

# 2. Dance Shoppe Ltd.

50 Sheppard Ave. W #200 (Yonge and Sheppard)

## 3. The Shoe Room at Canada's National Ballet School

406 Jarvis St. (Downtown Toronto)